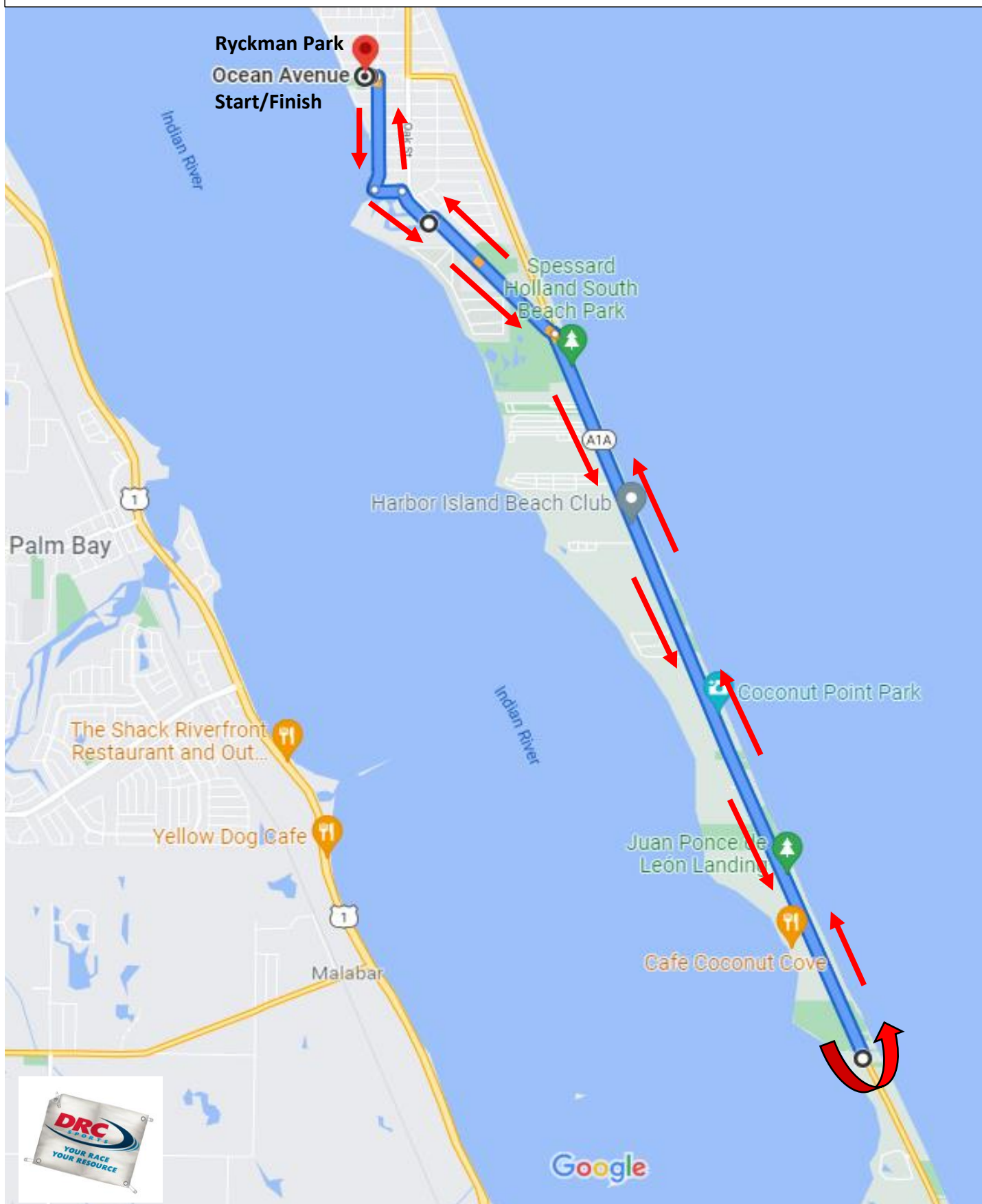
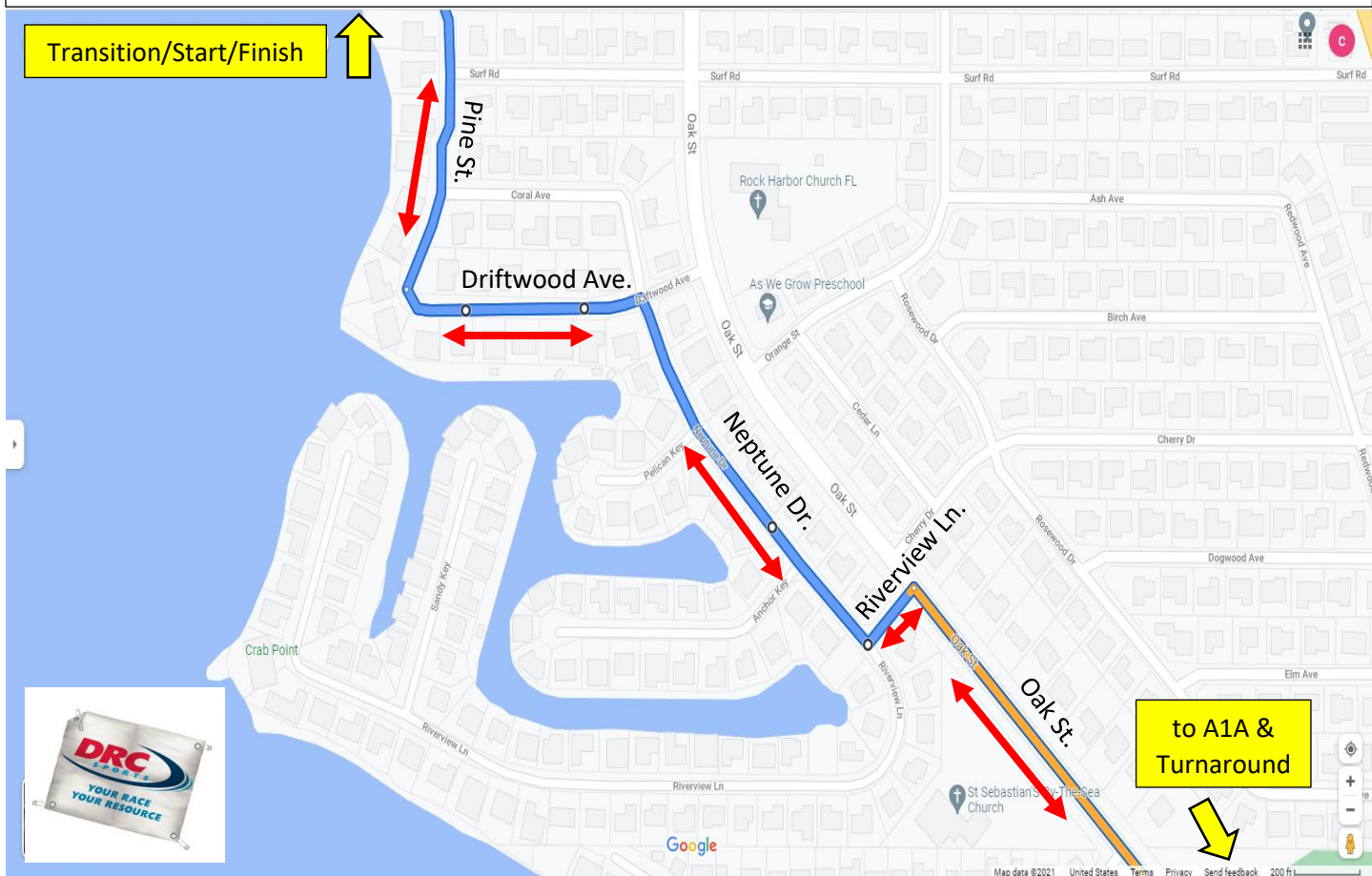


# PineappleMan Triathlon – 12 Mile Bike Course (Overview)



# PineappleMan Triathlon – 12 Mile Bike Course (Inset)



## Course Directions:

Transition Exit (Bike Out)

- |     |  |      |   |
|-----|--|------|---|
| 0.0 | East on Ocean Ave.                       | 6.0  | Northbound on Atlantic St. (S. Hwy A1A) |
| 0.1 | T/R Pine St.                             | 10.1 | T/L Oak St.                             |
| 0.7 | T/L Driftwood Ave.                       | 10.9 | T/L Riverview Ln.                       |
| 0.8 | T/R Neptune Dr.                          | 11.0 | T/R Neptune Dr.                         |
| 1.0 | T/L Riverview Ln.                        | 11.2 | T/R Driftwood Ave.                      |
| 1.1 | T/R Oak St.                              | 11.3 | T/L Pine St.                            |
| 1.9 | T/R Southbound Atlantic St. (S. Hwy A1A) | 11.9 | T/L West on Ocean Ave.                  |
| 6.0 | Turnaround (Just North of Turtle Bay)    | 12.0 | Transition Entrance (Bike In)           |